

*Fathers of the 7th
Ecumenical Council*

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*Titus 3:8-15  
Luke 8:5-15*  
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*Homily by
Prodn. Pat Lamb*

*Epistle Reader:
Hans Culton*

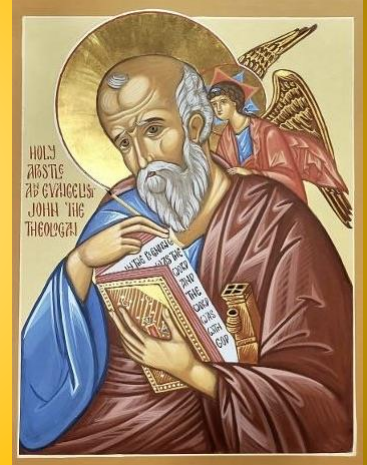
*Coffee Hour Hosts:
Mellor Families*

St. John Orthodox Cathedral

Weekly Bulletin

Sunday, October 11, 2026

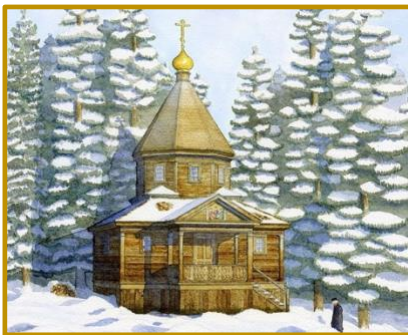
And the Days Following
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*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

### *Parish Events and News*

#### **Fr. Andrew from Spruce Island to Visit St. John's Wednesday, October 14**



Fr. Andrew, the Priest-monk (hieromonk) from the St. Michael's Skete on Spruce Island, will be visiting our parish the evening of October 14th. He will be hosted by the Men's Reading Group from 7:00 PM to 8:00 PM. Fr. Andrew will give an informal talk and then be available for questions and discussion. His talk will be hosted in the Cathedral Basement, and all (men, women, children) are invited to attend!

#### **Saint John's to Host Beach Lake Conference Attendees**

##### **Next Saturday at Vespers**

##### ***Note - Early Vespers Next Saturday - 6:15pm***

A conference will be held at Beach Lake next weekend, October 16-17, to encourage dialogue between Orthodox and Evangelical leaders. This will be the third such conference and it is held in connection with the Lausanne Orthodox Initiative. Fr. Marc and Dn. Tim are part of the organizing committee and will be participating in the conference.

Attendees from the conference are invited to Vespers at St. John's to close the conference. To accommodate this, Vespers next Saturday will be held an hour earlier, at 6:15pm. We will also have Litia and Breaking of Bread (Artoklasia) for Luke the Evangelist who is commemorated that day.

To learn more about this effort visit the website: [Alaskan Orthodox-Evangelical Dialogue](http://Alaskan Orthodox-Evangelical Dialogue)



## *Catechesis of the Good Shepherd (Atrium)*

Sundays from 12:30 – 2:00pm

### **“Opening the Door to Orthodox Christianity”**

**Thursday, October 15, 6pm-7:30pm in the Church Basement**  
**What We Believe – The Creed (of Nicaea and Constantinople)**

***This Week - “About Jesus Christ”***



### *Coffee Hour This Sunday - October 11, 2026* *Group Luke (2) - Second Sunday of the Month*

#### **Hosts Families: Mellor Families**

Snacks: Arnold, Bower, Davisson, Drennan, Dunham, Fisher, Hanna, Hoyt, J. Jenkins, M & M Jones, D & M Kendall, Komar, Lindblom, K. Medders, L & M Mellor, G. Moses, Peters, Saur, Snider, Sturdevant, N. Temple, Tysver, Villafanna, Wells

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Next Sunday – Group Mark (3) – October 18, 2026 – Haines / Smith

Snacks: Alexander, Artz, Cook, Doss, B & D Dunaway, Dyal, Fletes, P. Gillquist, Griffith, Hattenburg, Hunter, E & H Johnson, Justus, Labrecque, Lowry, Marcus, O. Medders, T & L Mellor, Northey, Palmer, Polson, Scherer, Sorensen, J & A Stiehr, A & J Temple, Unser, Wasile, Wolkoff



Youth Group Dinner Meetings - Tuesday Nights, 6:30-8pm **at the St. James House**

We'll have dinner together at the 'big table' starting at 6:30pm with a discussion and activities in the living room wrapping up at 8pm. —John Marc & Beth Dunaway 317-9549.

St. James House Weekly News



St. James House Café
Come Sit and Enjoy a Cup of Coffee and
Catch Up with Friends
Tuesdays and Thursdays 8am to 9am

News From Our Antiochian Archdiocese



Writings by Metropolitan Saba: [The Mind of the Saints](#)

The Antiochian Women have announced their 2026-27 Project to be the launch of [The St. Simon of Cyrene Endowment Fund](#). Monies raised will aid clergy families facing mental, physical, and spiritual hardships. When circumstances require it, the fund will also help provide pastoral care so that the spiritual needs of a parish can continue to be met while its priest is recovering or otherwise unable to serve. Please share this news with your congregations.

Notes and Pictures from Parishioners

“Checking In” with Each Other

Is there something you’d like to share? Please email: cathedral@stjohnalaska.org

Thank you note from Alex and Taylor Hanna...



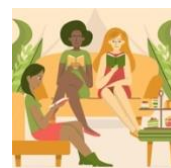
“We are grateful for everyone that helped make our day truly special. The Unsers did a beautiful job on the grazing tables! HUGE thank you to all the volunteers and everyone that was able to attend. And of course, we couldn’t have done it without Sydney (Ihde). We feel very blessed to be part of the St. John’s community.”

—Alex and Taylor Hanna

Dates to Remember

‘Moms with Little Ones’ Reading Group *Wednesdays 10am*

We will meet at the St. James House If you have any questions, contact Natasha Haines at 907-351-4942.



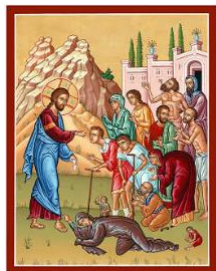
Men’s Book Club – Wednesdays 7-8pm

We will meet at the St. James House. If you have any questions, you can text Sam Lowry at 616-928-5181.



Women's Reading Group - Thursdays at 10am

We meet at 10am at the Senior Center Meeting Room, in the HUD building on the second floor. Hope to see you there! —Ann Patras



Remembering in Prayer...

*Oksana Artz
Ben Polson
David Lindblom
George Dozier*

*Travis Cook
Lily & baby Moses
Helen Gillquist*

For those suffering from the devastation of war



Remembering Those Who Have Fallen Asleep This Month

- * Fr. John Downing - October 4, 2024
- * Kh. Nancy Downing - October 19, 2002
- * Helen Grace Edzards Peters - October 23, 1998
- * Isabella Joy Fletes - October 24, 2019

M E M O R Y E T E R N A L !

Clare House Meal - 4th Saturday of Each Month

For the Month of **October** – our scheduled meal that we provide Clare House is:
Saturday, October 24. Contact Cara Fletes to see how you can help.



Birthdays This Week

October 12 - Esther Saur

October 15 - Dn. Joseph Ray

October 13 - Maeve Dunaway

October 18 - Lorence Scherer

October 14 - Greg Gillquist

M A N Y Y E A R S !

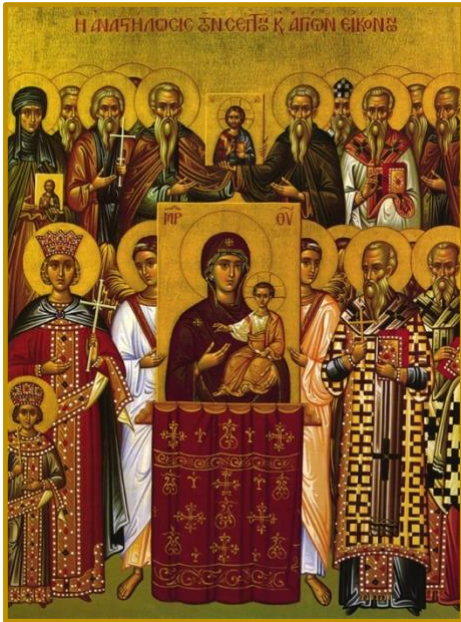


Bulletin Announcement Guidelines

Send announcements to church email address: cathedral@stjohnalaska.org Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

THE SYNAXARION

Fathers of the 7th Ecumenical Council – Sunday, October 11-17



On October 11, in the Holy Orthodox Church, we commemorate the Apostle Philip the deacon of the Seventy; Venerable Theophanes the branded; Nektarios, Arsakios, Sisinius and Philotheos Kokkinos, patriarchs of Constantinople; and Venerable Jonah of Cyprus.

On this day we commemorate the holy and blessed Fathers who came together for the Seventh Ecumenical Council; the second time that such a council assembled in Nicaea. This took place during the reign of the pious and Christ-loving Emperors Constantine and Irene. The Council met against those who impiously, ignorantly and foolishly asserted that the Church of God worships idols, and against those who rejected the eminent and holy icons.

Verses

Your champions, O Word, with words as their weapons,

Turn to fight the foes of the venerable icons.

The Council met in 787 to refute the Iconoclast heresy, whose camp believed that all depictions of Christ, His Mother and the saints should be destroyed. But the iconophiles believed that icons served to preserve the doctrinal teachings of the Church, and they considered icons to be man's dynamic way of expressing the divine, through art and beauty. The Council decreed that the veneration of icons was not idolatry, because the honor shown to them is not directed to the wood or paint, but passes to the prototype, or the person depicted. It also upheld the possibility of depicting Christ, Who became man and took flesh at His Incarnation. The Father, on the other hand, cannot be represented in His eternal nature, because "no man has seen God at any time."

By the intercessions of the Holy Fathers, O Christ God, have mercy upon us. Amen.

Saint John Orthodox Cathedral

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Parish Council Email parishcouncil@stjohnalaska.org • Website: stjohnalaska.org

• Diocesan Website: <http://www.antiochianladiocese.org>

Antiochian Orthodox Christian Archdiocese

Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson

The Following is a Facebook Post from St. Mary Magdalene Orthodox Church in Rincon, Georgia. A parishioner asked if it could be put in our bulletin – so with Fr. Marc's approval – here it is...

Please be advised of our parish expectations regarding children at the Divine Liturgy:

If your kids are loud, please still come to Liturgy.

If you're running late because getting everyone dressed and out the door was a battle, please still come to Liturgy.

If your toddler won't sit still, please still come to Liturgy.

If your baby needs to eat, please still come to Liturgy.

If your child asks questions at the least convenient moment, please still come to Liturgy.

If someone cries, drops a toy, or must make their third trip to the bathroom, please still come to Liturgy.

If your child doesn't know all the prayers, responses, or exactly when to sit or stand, please still come to Liturgy.

If you feel like you spent the entire Liturgy managing your children and heard approximately 12% of the homily, please still come to Liturgy.

If Sunday morning feels messy instead of peaceful, please still come to Liturgy.

If you're worried your children are distracting the people around you, please still come to Liturgy.

If your child has a disability or special needs, please still come to Liturgy.

Children do not learn how to be part of the Church by staying home until they can sit quietly. They learn by being here.

They learn the Sign of the Cross by watching us make it.

They learn the prayers by hearing us pray them.

They learn the Scriptures by hearing the Word of God proclaimed.

They learn reverence by watching us bow and make prostrations.

They learn that Christ is truly present in the Holy Eucharist by seeing the love and reverence with which we approach the Holy Chalice.

They learn that the Church is their home because we make room for them here.

The wiggles, whispers, crying babies, and little voices are not signs that children don't belong at Liturgy. They are signs that the Church is alive.

So, bring the babies. Bring the toddlers. Bring the big kids. Sit where the little ones can see. Step out when you need to, but always come back in.

At Baptism and Chrismation, these children became full members of the Body of Christ. They belong here. They need the grace of the Holy Mysteries, the example of their parents, and the love and patience of their parish family.

Children are not simply the future of the Orthodox Church. They are part of the Church right now!

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